



# 2018 Health Awareness Calendar

## January

**SunSmart Skin Cancer Awareness Month (1 December to 31 January)**

- 04**            **World Braille Day**
- 28**            **World Leprosy Day**

## February

**Healthy Lifestyle Awareness Month**  
**Reproductive Health Month**  
**Environmental Health Awareness Month**

- 04**            **World Cancer Day**
- 12-16**       **STI's / Condom Week**
- 12-16**       **Pregnancy Awareness Week**
- 12**            **National Epilepsy Day**
- 12-16**       **National Epilepsy Week**
- 16**            **Healthy Lifestyle Awareness Day**

## March

**TB Awareness Month**

- 03**            **World Hearing Day**
- 08**            **International Women's Day)**
- 7-16**        **HPV 1<sup>st</sup> Round**
- 11-17**       **World Glaucoma Week**
- 12-18**       **World Salt Awareness Week**
- 08**            **World Kidney Day**
- 20**            **World Head Injury Awareness Day**
- 21**            **Human Rights Day**
- 21**            **World Down Syndrome Day**
- 24**            **World TB Day**

## April

### Health Awareness Month

02	World Autism Day
07	World Health Day
17	World Haemophilia Day
24-30	African Vaccination Week
25	World Malaria Day

## May

### Anti-tobacco Campaign Month

### Burns Awareness Month

### International Multiple Sclerosis Month

05	World Hand Hygiene Day
05	International Midwives Day
06-12	National Burn Safety Awareness Week
06-13	Hospice Week
08	World Red Cross Day
10	World Move for Health Day
12	World Chronic Fatigue and Immune Dysfunction Syndrome Day
12	International Nurses' Day
15 May -15 Jun	Go Turquoise for the Elderly Month
17	World Hypertension Day
27 May- 3 Jun	National Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

## June

### Men's Health Month

### World National Blood Donor Month

### National Youth Month

### Go Turquoise for the Elderly Month

01	International Children's Day
03	International Cancer Survivor's Day
05-11	World Heart Rhythm Week
05	World Environment Day
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
24-30	SANCA Drug Awareness Week
25	World Vitiligo Day
26	International Day against Drug Abuse and Illicit Drug Trafficking

## July

### Mental Illness Awareness Month

01-05	Corporate Wellness Week
11	World Population Day
18	International Mandela Day
28	World Hepatitis Day

## August

### Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

### National Women's Month

### Organ Donor Month

### Children's Child Health Month

01-07	World Breastfeeding Week
01-07	CANSA Care Week
7 Aug-14 Sept	HPV 2 <sup>nd</sup> Round
05-11	Polio Awareness Week
06-12	Rheumatic Fever and Rheumatic Heart Disease
09	National Women's Day
12	International Youth Day
26-31	African Traditional Medicine Week??
31	African Traditional Medicine Day

## September

### Albinism Awareness Month

### Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

### Cervical Cancer Awareness Month

### Childhood Cancer Awareness Month

### Eye Care Awareness Month (23 September to 18 October)

### Muscular Dystrophy Awareness Month

### National Heart Awareness Month

### National Month of Deaf People

### National Oral Health Month

### Pharmacy Month

02-08	Kidney Awareness Week
02-06	Back Week
09	International Foetal Alcohol Syndrome Day
10	International Gynaecological Health Day
14	National Attention Deficit Hyperactivity Disorder Day
21	National Sunflower Day
21	World Alzheimer's Day World
21 Sept.-18 Oct	Eye Care Awareness Month

24-30	World Retina Week
25	World Pharmacist Day
26	World Environmental Health Day
26	World Contraception Day
28	World Rabies Day
29	World Heart Day
29	World Retina Day

## October

**Attention Deficit Hyperactivity Disorder Month**  
**Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)**  
**Eye Care Awareness Month (23 September to 18 October)**  
**Breast Cancer Awareness Month**  
**Mental Health Awareness Month**

01	International Day for Older Persons
01	National Inherited Disorders Day
03-05	Rotary Family Health Day Outreach Campaign
14-20	National Case Manager Week
09-15	National Nutrition Week
10	World Mental Health Day
10	World Hospice and Palliative Care Day
12	World Sight Day (World Sight Day
12	World Arthritis Day
12-20	World Bone and Joint Week
13	International Day for Natural Disaster Reduction
14	World Hospice and Palliative Care Day
15	Global Hand Washing Day
15-19	School Health Week
15-19	National Obesity Week
16	World Food Day
16	World Spine Day
17	World Trauma Day
17	International Day for the Eradication of Poverty
20	National Down Syndrome Day
20	World Osteoporosis Day
20-26	International Lead Poisoning Prevention Week
23	National Iodine Deficiency Disorder Day
24	World Polio Day
28 Oct to 3 Nov	World Stroke Week
29	World Stroke Day
30	Africa Food and Nutrition Security Day

## November

### Quality Month

### Red Ribbon Month

03 Nov-03 Dec **Disability Rights Awareness Month**

04 **National Children's Day**

05-09 **SADC Malaria Week**

04-10 **National Cardiopulmonary Resuscitation (CPR) Week**

06 **SACD Malaria Day**

08 **World Quality Day**

08 **World Radiology Day**

12-16 **World Antibiotic Week**

14 **World Diabetes Day**

17 **World Premature Day**

25 **International Day for the Elimination of Violence against Women and Children**

25 Nov-10 Dec **16 Days of Activism for No Violence Against Women and Children**

## December

### Prevention of Injuries Month

### Sunsmart Skin Cancer Awareness Month (1 December to 31 January)

01 **World AIDS Day**

03 **International Day of Persons with Disability**

05 **International Volunteers Day**

09 **World Patient Safety Day**

10 **International Human Rights Day**

12 **Universal Health Coverage Day -**